

Community Programs: RESPITE CARE CONNECTION

Respite Care Connection (RCC) provides families a break from parenting and at the same time allows the children to participate in positive community-based activities. The program has been successful for many children and youth who have struggled in community settings.

RCC offers fee-for-service respite for families caring for 6 to 17 year old children and youth with behavior and social challenges (ADHD, FASD, Autism, ODD, etc.).

The Respite Care Connection program can be accessed by self, community, Family Supports for Children with Disabilities (FSCD) or Children Services referral.

The community-based direction of the Respite Care Connection program:

- Focuses on small group outings for children and youth who often have difficulty in community settings.
- Offers a variety of activities that align with a child's interests and abilities.
- Recognizes the developmental needs of individuals within various age groups and develops age specific programming.

RCC specializes in strengthening children's self-esteem, skill development and socialization skills through a fun and safe environment with a ratio of one staff to three children/youth.

RCC is based on the following five elements:

- Social connection
- New experiences
- Lifeskills
- Personal challenges
- Learning opportunities

All Enviros staff are trained in safety, risk management, behaviour management techniques and Standard First Aid/CPR.

ENVIROS RESPITE CARE CONNECTION PROGRAMS

Weekend Warriors

(Saturdays, Sept-June, ages 6-11 years)

Children have the opportunity to participate in activities such as kids theatre, art projects, trampoline parks, bowling, swimming, clubhouse parties, and much more around the city. Children are informally learning skills to help them in a group setting such as friendship skills, sharing, patience, and appreciation.

ConneXions

(Sundays, Sept-June, ages 12-17 years)

Youth have the opportunity to take more of a lead in activity planning. We also work on skill development such as cooking, horticulture, mentorship and volunteering while still participating in super fun recreation.

Summer Day Camp and Respite

(Weekdays during the summer months. Open to all ages).

Children and youth can come for the week or a day when needed. They have the opportunity to participate in many outdoor activities such as swimming, geocaching, biking, nature based games and exploration and field trips out of the city such as Drumheller, Banff and Sylvan Lake.

For more information or to register for one of the programs, please email: respitcare@enviros.org or call 403.295.2943 ex.234.



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