

Community Programs: YOUTH TRANSITIONS to ADULTHOOD

YTA or Youth Transitions to Adulthood program works with youth and young adults aged 15.5 to 24 to help them learn necessary life skills.

All participants in the program have had long-term involvement with Child and Family Services and are referred to the program through a placement coordinator. Considerations are made to ensure potential clients are a fit and if so, are then accepted to the program and matched with a YTA staff who's specifically chosen to meet their needs or to compliment their personality or cultural background.

Clients come to the YTA program through Children's Services when they are unable to be in their regular home environments. Often they have little or no parental support and can feel isolated and abandoned.

Staff work to build trust with their new clients, and then through weekly meetings, guide them step-by-step through learning strategies to help them manage their lives. Whether it's how to open a bank account/budgeting, navigating the court system, finding supports to manage mental health and addiction, finding employment, an apartment, or even budgeting for and shopping for groceries, the youth are provided with personalized help and guidance geared to their individual needs. With a plan created and led by the client, self-sufficiency and confidence grow in a manner that assists them to be able to navigate their world successfully.

At any given time about 24-26 youth are involved in the YTA program and participants stay in contact with their case worker on average for 18 months.

Clients are deemed ready to graduate from the program when they've shown marked improvement in managing and navigating life tasks, and feel confident being self-sufficient.

Funded / Accessed by:

Region 3 Calgary and Area Child and Family Services Authority.

The Youth Transitions To Adulthood (YTA) program acts as a transitional, life skill development program for youth who have had long-term involvement with Children and Youth Services and for those with exceptional circumstances requiring intervention. This program helps youth make the most of the resources available within the community and themselves, and teaches them skills for successful transition into adulthood. Enviro assists with transitions of non-complex and complex youth who have the potential for independence and success in areas such as education, employment and life-long significant relationships.

“Throughout the duration of my time in YTA, I have LEARNED new skills and Matured as an adult.”

~Former Enviro Client~



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